



# KEY CLUB

Florida District Service Directory

Created by the Florida District Service Committee

"We need your service, right now, at this moment in history. I'm not going to tell you what your role should be; that's for you to discover. But I am asking you to stand up and play your part. I am asking you to help change history's course."

-President Obama, 4/21/09



FLORIDA DISTRICT OF  
KEY CLUB INTERNATIONAL

## Service Legend



District Projects



Drives



Hands- On Projects



Governor's Projects



K-Family Projects



Major Emphasis (MEPs) and Service Partner Projects



Special Needs Awareness Program (SNAP)



Walks



## District Projects

### **Adopt a Grandparent**

- <http://www.adoptagrandparent.org/>
- **About it:** Adopt a Grandparent is a great way for generations to connect and to give older citizens companions. You can help by volunteering at a local retirement home and visit the elders on the weekends or weekdays.

### **Adopt a Troop Foundation**

- <http://adoptatroop.net/>
- **About it:** Adopt a Troop is a non-profit organization that raises money and items for the troops in Iraq and Afghanistan. You can help by visiting local elementary school kids and helping them create comfort letter to the soldiers. Also you can put together care packages with items like cards, toothbrushes or books for the soldiers.

### **CHOW NOW Children Hungry on Weekends: Not on Our Watch**

- Camden (941) 725-1202, Camsag8r@aol.com
- **About it:** This program provides kids that have free/reduce lunch at school with non-perishable meals on the weekends. Fundraising, community involvement and member of Key Club are good ways to raise food for the kids who need it on the weekends.

### **FCADV Florida Coalition Against Domestic Violence**

- <http://www.fcadv.org/>
- **About it:** FCADV works towards ending domestic violence through many helpful programs such as the Florida Domestic Violence Center. To help victims of abuse, hold clothing drive in the community to raise awareness and to collect clothes for the victims.

### **Feeding America**

- <http://feedingamerica.org/>
- **About it:** Feeding America works with Key Clubbers and large corporations to secure food and grocery products to food banks across the nation. Volunteering at local food banks or collecting can food for the banks are great ways to help Feeding America.

### **GrassRoot Soccer**

- <http://www.grassrootsoccer.org/>
- **About it:** GrassRoot Soccer uses the power of soccer to bring knowledge, skills and support to people of African youth to live HIV free. You can help raise awareness and money by different clubs in your school compete against each other in a friendly game of soccer and charge members to play.

### **Florida Guardian ad Litem Program**

- <http://www.guardianadlitem.org/>
- **About it:** This organization helps speak out for children of abuse and neglect. You can help by creating gift baskets or bags of hygiene products to be donated to the children.

### **Horses and the Handicapped**

- <http://www.handmagic.org/>
- **About it:** Horses and the Handicapped is a non-profit organization that provides therapeutic horseback riding and other therapeutic activities to children and adults with difficulties. You can help by raising money to be donated to the organization or by volunteering to help out.

### **Jump Rope a Heart**

- <http://www.americanheart.org/presenter.jhtml?identifier=2360>
- **About it:** This organization was started to help prevent kids becoming overweight as adults and to prevent heart disease in those overweight kids. You can help by going to your local elementary school and starting a Jump Rope a Heart in the P.E classes.

### **Marine Mammal Center**

- <http://www.marinemammalcenter.org/>
- **About it:** The Marine Mammal Center helps protect marine life that is essential to all life. As Key Clubbers you are able to adopt a seal or any other animal and raise money for the animal to be protected in its life.

### **Meals on Wheels**

- <http://www.mowaa.org>
- **About it:** Meals on Wheels being the oldest and largest organization in the United States help provide meals to people in need. You can help Meals on Wheels by holding can food drive at your school or by volunteering at a local Meals on Wheels organization.

### **Souper Bowl of Caring**

- [www.souperbowl.org](http://www.souperbowl.org)
- **About it:** This organization holds can food drives that will be donated to local homeless shelters or other organizations that collect can food. You can help by holding can food drives and by donating the cans collected to an organization that will accept the cans.

### **WWF**

- [www.worldwildlife.org](http://www.worldwildlife.org)
- **About it:** World's Wildlife is an organization that protects the future of nature. Fundraisers and a go green campaign are great ways to help researchers better protect the world.

## YMCA

- [www.ymca.net](http://www.ymca.net)
- **About it:** YMCA is an organization that helps underprivileged kids and adults have fun and to see there is more to life than being underprivileged. Volunteering at your local YMCA events and other YMCA activities are many ways your Key Club can get involved.

## Drives



### **Becca's Closet**

- [www.beccascloset.org](http://www.beccascloset.org)
- **About it:** Becca's Closet is an organization dedicated to providing prom and other formal dresses to students who can't afford it. Organize with your club a dress drive before the end of the school year when most proms are held.

### **Books for Africa**

- <http://www.booksforafrica.org/>
- **About it:** Books for Africa collects, sorts, ships, and distributes books to children in Africa. The most common form of aid has been in donations because it costs over \$9,000 for a shipment of books to Africa. Hold a book drive with your club, but also be sure to raise enough money to ship the books to the BFA warehouses.

### **Christmas in July**

- <http://christmasinjulync.com/>
- **About it:** The purpose of the event is to provide homeless or poor children with school supplies. Host a school wide collection drive for the program and donate the supplies and/or funds to Christmas in July.

### **Florida Coalition Against Domestic Violence**

- <http://www.fcadv.org/>
- Danielle Trubo  
(561) 715-9427  
[danitru@bellsouth.net](mailto:danitru@bellsouth.net)
- **About it:** FCADV, works towards ending domestic violence through public awareness, policy development, creation of standards, provision of funding, and support for Florida's domestic violence centers. Hold a clothing drive at your school at any point during the year or throughout the whole year. Shelter locations can be found on the website.

### **Florida Guardian Ad Litem Program**

- <http://www.guardianadlitem.org/>
- **About it:** The Florida Guardian Ad Litem Program is a partnership of community Advocates and professional staff providing a powerful voice on behalf of Florida's abused and neglected children. Conduct a hygienic product drive in your school. Once all of the products are collected, create gift baskets within your Key Club to be donated to Guardian Ad Litem.

### **Halloween Costume Drives**

- **About it:** Providing costumes for kids whose parents cannot afford them makes the holiday more fun for everyone! Have your Key Club host a costume drive within your school and donate all the costumes to a local church, Boys and Girls Club, or orphanage. Hold the costume drive before the holiday, of course, so that these children have something to wear. After the holiday have a post-Halloween costume donation drive for which people can donate the costumes just worn that can be donated for next year.

### **Operation Christmas Child**

- <http://www.samaritanspurse.org/index.php/OCC/index/>
- **About it:** Operation Christmas Child brings joy and hope to children in desperate situations around the world through gift-filled shoe boxes. Gather your Key Club members as well as community members and have them donate wrapping paper, shoe boxes, and small non-perishable toys.

### **The Salvation Army**

- [http://www.uss.salvationarmy.org/uss/www\\_uss.nsf](http://www.uss.salvationarmy.org/uss/www_uss.nsf)
- **About it:** The Salvation Army is an international movement, an evangelical part of the universal Christian Church. By having a clothing drive and donating the items to Salvation Army houses throughout Florida, your club will also be participating in the FCADV Clothes Drive and competing for recognition at DCON.

### **Souper Bowl**

- [www.souperbowl.org](http://www.souperbowl.org)
- (803) 788-3476
- **About it:** The basic goal of the project is to collect and donate as many cans of food as possible to local homeless shelters or any organization that collects cans. Donating canned food items to Souper Bowl of Caring helps ensure that homeless people are fed.

### **Toys for Tots**

- [www.toysfortots.org](http://www.toysfortots.org)
- (703) 643-9433
- **About it:** The mission of the U.S. Marine Corps Reserve Toys for Tots Program is to collect new, unwrapped toys during October, November and December each year, and distribute those toys as Christmas gifts to needy children in the community in which the campaign is conducted. Have a toy drive at your school and collect new toys for underprivileged children.

### **Teddy Bear Drive**

- **About it:** Hold a Teddy Bear drive at your school. Your club can design the competition however it likes, between grades, advisories, or even other clubs. Whoever wins should be given a prize such as an ice cream or pizza party. See if your club can get permission to spend time with the sick children either reading, playing games, or even just hugging their new teddy bear friend.



## Hands- On Projects

### **Adopt-A-Highway**

- <http://www.dot.state.fl.us/statemaintenanceoffice/aah.shtm>
- **About it:** For nearly ten years, Florida's Adopt-A-Highway program has improved the appearance of highway right-of-way throughout Florida while reducing the cost of litter removal.

### **Appalachia Service Project**

- <http://www.asphome.org/>
- **About it:** The Appalachia Service Project strives to enhance housing services to low-income families in Central Appalachia. This area has poverty rates well above the national average and many of the counties are classified as "distressed" by the Appalachian Regional Commission.

### **Arts and Crafts**

- **About it:** Arts and Crafts are all about being creative. Painting, sculpting, drawing...whatever it is, arts and crafts is a way to help people relax, bond, and have fun.

### **Beads of Courage**

- [www.beadsofcourage.net](http://www.beadsofcourage.net)
- **About it:** Beads of Courage is a resilience-based intervention designed to support and strengthens the protective resources in children coping with serious illness. Through the program children tell their story using colorful beads as meaningful symbols of courage that commemorate milestones they have achieved along their unique treatment path.

### **Graffiti Clean-up**

- <http://www.graffitihurts.org/community/organize.jsp>
- **About it:** graffiti clean-ups are a great way for your club to get involved with the community and make a positive impact. By cleaning up graffiti from buildings, signs and other areas you are creating an image of organized and put-together neighborhoods and communities. You are also helping the community save money usually spent on graffiti clean-up.

### **Habitat for Humanity**

- <http://www.habitat.org/cd/local/affiliate.aspx?zip=33351>
- **About it:** Habitat for Humanity is an organization dedicated to eliminating poverty homes and homelessness from the world and to make decent shelters. Relying on volunteers, this organization has built over 300,000 houses around the world, providing more than 1.5 million people in 3,000 communities with safe, decent, affordable shelter.

### **Homes for Our Troops**

- [www.homesforourtroops.org](http://www.homesforourtroops.org)
- **About it:** Homes for Our Troops is strongly committed to helping those who have selflessly given to their country and have returned home with serious disabilities and injuries. We assist severely injured Servicemen and Women and their immediate families by raising donations of money, building materials and professional labor and then coordinating the process of building a new home or adapting an existing home for handicapped accessibility. The finished home is then given to the veteran.

### **Park Renovations and Clean-ups**

- <http://www.floridastateparks.org/>
- **About it:** The Florida Park Service manages 160 state parks consisting of more than 700,000 acres. With more than 21 million visitors a year, it is a challenge to provide quality visitor services with just a little more than 1,000 employees. Years after being built, especially after consistent use and Florida rainy weather, much of a park's resources begin to wear away, signaling a need for renovation.





## Governor's Project

### **Adopt a School**

- <http://www.adoptaschool.co.za/index.html?lf=1;pg=1>
- **About it:** The Adopt-A-School Foundation works to supply grants for schools throughout South Africa that are in need to donations for the improvement of their facilities. They put schools through a rigorous process to determine whether or not they really need assistance and then find individuals, clubs, or companies interested in “adopting” the school by donating money.

### **Breakfast with Santa**

- **About it:** At a Breakfast with Santa underprivileged kids come and eat breakfast and then visit with Santa.

### **Beads of Courage**

- [www.beadsofcourage.net](http://www.beadsofcourage.net)
- **About it:** Beads of Courage is a resilience-based intervention designed to support and strengthens the protective resources in children coping with serious illness. Through the program children tell their story using colorful beads as meaningful symbols of courage that commemorate milestones they have achieved along their unique treatment path.

### **Becca's Closet**

- [www.beccascloset.org](http://www.beccascloset.org)
- **About it:** Becca's Closet is an organization dedicated to providing prom and other formal dresses to students who can't afford it. Rebecca Kirtman was a High school student from South Florida who passed away in a tragic car accident in 2003. Before she died, she started a dress drive to provide prom dresses and accessories to high school girls who couldn't afford to purchase them. After her death, her parents and friends continued with her dress drive and eventually formed Becca's Closet.

### **Books for Africa**

- <http://www.booksforafrica.org/>
- **About it:** Books for Africa collects, sorts, ships, and distributes books to children in Africa.

### **Boys and Girls Club**

- <http://www.bgca.org/>
- Find a club: <http://www.bgca.org/clubs/>
- **About it:** Boys and Girls Clubs across the nation have developed club programs and services to promote and enhance the development of boys and girls by instilling a sense of competence, usefulness, belonging and influence. There are hundreds of these clubs just in Florida, one around every corner it seems. The Boys and Girls Clubs of America are now in partnership with Kiwanis International, so this is one of the most important projects your club could do.

### **Builders Club**

- <http://slp.kiwanis.org/buildersclub/Homepage.aspx>
- **About it:** Builders Club is the largest service organization for middle school and junior high students, with more than 40,000 members worldwide. It is also a member of the K-Family, sponsored by Kiwanis International. Builders Club is a "student-led" community service organization that operates under school regulations and draws its members from the student body

### **Caitlin's Smiles**

- <http://www.caitlins-smiles.org/>
- **About it:** Caitlin's Smiles provides hospital patients with "Bag of Smiles" packages through their Creative Arts Care Program. These packages promote activities such as drawing, creative writing and sculpting. Hospital staff distributes the packages while the children are in the hospital. They also provide individual arts and crafts kits to hospital departments and clinics where children wait for lengthy treatments and provide family support with kits that include items such as gas cards, local restaurant gift cards, and phone cards. They also provide toys for treasure boxes.

### **Children's Miracle Network**

- <http://www.childrensmiraclenetwork.org/>
- **About it:** Children's Miracle Network is a non-profit organization that raises funds for more than 170 children's hospitals. Countless individuals, organizations and media partners unite with Children's Miracle Network hospitals to help sick and injured kids in local communities.

### **Christmas in July**

- <http://christmasinjulyinc.com/>
- **About It:** Christmas in July is an event done in south Florida started by a Kiwanian. The purpose of the event is to provide homeless or poor children with school supplies.

### **Every Child a Swimmer**

- <http://everychildaswimmer.org/index.html>
- **About It:** The charter objective of this non-profit corporation is to make Every Child A Swimmer, educated and trained in water safety. The Every Child A Swimmer (ECAS) Project offers to Elementary Schools, by the Kiwanis family, the first and only permanent solution to the senseless, escalating drowning problem that has plagued the world from time immemorial.

### Feed the Children

- <http://www.feedthechildren.org/site/PageServer?pagename=org>
- **About it:** Feed The Children is a Christian, international, nonprofit relief organization with headquarters in Oklahoma City, Oklahoma, that delivers food, medicine, clothing and other necessities to individuals, children and families who lack these essentials due to famine, war, poverty, or natural disaster. This project, designed by the organization, encourages people to create their own boxes, filled with items according to a theme (check out the first website for theme ideas), and have them delivered to such children around the country.

### Halloween Safety

- [http://www.halloween-safety.com/halloween\\_safety\\_kids.html](http://www.halloween-safety.com/halloween_safety_kids.html)
- **About it:** Teaching kids ways to stay safe on Halloween is imperative. It isn't safe to let children roam the streets alone on Halloween while trick-or-treating. By teaching kids a few basic safety rules and making sure they don't go anywhere alone, we can make Halloween a safe and fun experience for everyone.

### Halloween Costume Drive

- **About it:** Costume drives are a great way for Key Clubbers to help out children less fortunate than them. Providing costumes for kids whose parents cannot afford them makes the holiday more fun for everyone!

### Kiwanis Young Priority One

- <http://www.kiwanisone.org/Pages/Resources/default.aspx?PageID=116>
- **About it:** Kiwanis Young Children Priority One (YCPO) is part of Kiwanis International and helps the needs of young children. Kiwanis clubs carry out a minimum of two YCPO projects each year. Kiwanis International started the YCPO program in October 1990 to focus on needs of kids 0-5.

### K-Kids

- <http://slp.kiwanis.org/kkids/home.aspx>
- **About it:** K-Kids is the youngest and fastest growing service organization for elementary students worldwide. These clubs are ideally suited for students in grades 1 through 5 (ages 6 to 12). K-Kids is a "student-led" community-service organization, which operates under school regulations and draws its members from the student body. K-Kids clubs can also be established in a community based organization. Such organizations might include, but are not limited to: community library, Boys Club, Girls Club, YMCA, YWCA, or a church.

### Live 2 Learn

- <http://slp.kiwanis.org/KeyClub/wwwa/partnersandprojects/mep/live2learn.aspx>
- **About it:** Live to Learn is the 2008-2010 service initiative for Key Club International. It focuses on helping children ages 5-9 overcome learning obstacles so that they can be successful students and give back to their homes, schools and communities. The three components of Live to Learn include improving grades, giving back, and growing together.

### **Make-A-Wish Foundation**

- <http://www.wish.org>
- **About it:** Welcome to Wish.org, the online home of the nation's largest wishgranting organization. Since 1980, the Make-A-Wish Foundation® has given hope, strength and joy to children with life-threatening medical conditions. From our humble beginnings with one boy's wish to be a police officer, we've evolved into an organization that grants a child's wish in the U.S. every 40 minutes."

### **March of Dimes**

- <http://www.marchofdimes.com/>
- **About it:** March of Dimes strives to improve the health of babies by preventing birth defects, premature birth, and infant mortality.

### **Operation Christmas Child**

- <http://www.samaritanspurse.org/index.php/OCC/index/>
- **About it:** Operation Christmas Child brings joy and hope to children in desperate situations around the world through gift-filled shoe boxes. Since 1993, more than 61 million shoe boxes have been packed, shipped, and delivered across the globe. People of all ages can be involved with the project.

### **Operation Smile**

- [www.operationsmile.org](http://www.operationsmile.org)
- **About it:** Operation Smile is a worldwide children's medical charity whose network of global volunteers are dedicated to helping improve the health and lives of children and young adults. Since its founding, Operation Smile volunteers have treated more than 130,000 children born with cleft lips, cleft palates, and other facial deformities and the organization has a presence in 51 countries.

### **Ronald McDonald House Charities**

- <http://rmhc.org/>
- **About it:** For nearly 35 years, Ronald McDonald House Charities (RMHC) has been creating, finding and supporting programs that directly improve the health and well being of nearly 3.7 million children worldwide every year. The mission of the Ronald McDonald House Charities is to create, find and support programs that directly improve the health and well being of children.

### **Toys for Tots**

- <http://www.toysfortots.org/>
- **About it:** The mission of the U.S. Marine Corps Reserve Toys for Tots Program is to collect new, unwrapped toys during October, November and December each year, and distribute those toys as Christmas gifts to needy children in the community in which the campaign is conducted.

### **Teddy Bear Drive**

- **About it:** Hold a Teddy Bear drive at your school.

## **UNICEF**

- <http://youth.unicefusa.org/trickortreat/>
- 1-800-FOR-KIDS
- **About it:** UNICEF (United Nations Children's Fund) is a Key Club Major Emphasis Project that is easy to get involved in. Trick-or-Treat for UNICEF is a great way to raise money for UNICEF. Your Club can even go trick-or-treating with K-kids.

## **United Way**

- [www.liveunited.org](http://www.liveunited.org)
- **About it:** United Way of America is the national organization dedicated to leading the United Way movement. Local United Ways create long-lasting community change by addressing the underlying causes of the most significant local issues. Common focus areas include helping children and youth achieve their potential, promoting financial stability and independence, and improving people's health.

## **World Villages for Children**

- [www.worldvillages.org](http://www.worldvillages.org)
- **About it:** Their mission is to help poor children break free from a life of poverty, suffering and despair. It helps more than 22,000 poor children with food, clothing, and medical care. They have children from Mexico, Philippines, Brazil, Guatemala, and Korea.

## **YMCA**

- [www.ymca.net](http://www.ymca.net)
- **About it:** The nation's 2,686 YMCAs respond to critical social needs by drawing on our collective strength as one of the largest not-for-profit community service organizations in the United States. Today's YMCAs serve thousands of U.S. communities, uniting 21 million children and adults of all ages, races, faiths, backgrounds, abilities and income levels. Our reach and impact can be seen in the millions of lives we touch every year.



## K-Family Projects

### **Boys and Girls Club**

- <http://www.bgca.org/>
- **About it:** Boys and Girls Clubs helps promote and enhance the development of boys and girls by instilling a sense of competence, usefulness, belonging and influence. Your club could work with Kiwanians to help set up a Boys and Girls Club where it may be needed but is not yet present.

### **Builders Club**

- <http://slp.kiwanis.org/buildersclub/Homepage.aspx>
- **About it:** Builders Club is a "student-led" community service organization that operates under school regulations and draws its members from the student body. If there are no Builders Clubs near your school, work with your sponsoring Kiwanis Club to set one up! If there is one already, set up a program to mentor and help the club.

### **K-Kids**

- <http://slp.kiwanis.org/kkids/home.aspx>
- **About it:** These clubs are ideally suited for students in grades 1 through 5 (ages 6 to 12). K-Kids is a "student-led" community-service organization, which operates under school regulations and draws its members from the student body. If your Kiwanis Club does not sponsor a K-Kids, talk to them about finding a school to start the program in and find ways to mentor and expand the club for years to come.

### **Every Child A Swimmer**

- <http://everychildaswimmer.org/index.html>
- **About it:** The ECAS Project offers to Elementary Schools, to educate and train children in water safety. K-Family can participate in Every Child A Swimmer by being "in-water assistants" to the trained professionals teaching the children to swim.

### **Kiwanis Young Children Priority One**

- <http://www.kiwanisone.org/Pages/Resources/default.aspx?PageID=116>
- **About it:** YCPO helps the needs of young children in their areas and developed service projects based on those needs. By helping develop a service project, you are not only strengthening the bond between the Key Club and Kiwanis Club, but also helping the community of children.

### **K-Family Picnics**

- **About it:** Picnics are a great way for people to come together, get to know each other, and eat great food! Instead of having your local Kiwanis host a K-Family picnic let your club take the initiative and plan it yourself!

### **Pancake Breakfast**

- **About it:** These are great way for Kiwanis Clubs, Key Clubs and Builders Clubs to work together as part of the K-Family to raise money for projects and strengthen the K-Family. Traditionally Kiwanians pick the location while the Key Clubbers make the pancakes and the Builders Clubbers serve coffee and juice. Tickets are either sold in advance or at the door.

### **Valentine's Day Party**

- **About it:** Key Clubbers can organize parties at a local Boys and Girls Clubs or hospital for children who may not be getting enough love at home or are just away from their loved ones for the time being. Invite your entire club to the party and maybe have each member bring a box of chocolates or a bear to distribute to the children.

## Major Emphasis Programs



### Children's Miracle Network

- <http://www.childrensmiracletnetwork.org/>
- **About it:** Children's Miracle Network is a non-profit organization that raises funds for more than 170 children's hospitals.



### March Of Dimes

- <http://www.marchofdimes.com/>
- **About it:** March of Dimes strives to improve the health of babies by preventing birth defects, premature birth, and infant mortality.



### UNICEF

- <http://youth.unicefusa.org/trickortreat/>
- **About it:** UNICEF (United Nations Children's Fund) is a project that is easy to get involved in. Trick-or-Treat for UNICEF is a great way to raise money and work with K-Kids. To find out more information, please check out the **ELIMINATE** section on page 13.





## SNAP

### **Autism Speaks**

- <http://www.hosa.org/natorg/sectb/catv/natserv.pdf#search=%22Autism%22>
- **About it:** Autism Speaks has grown into the nation's largest autism science and advocacy organization, dedicated to funding research into the causes, prevention, treatments and a cure for autism; increasing awareness of autism spectrum disorders; and advocating for the needs of individuals with autism and their families.

### **Best Buddies**

- <http://www.bestbuddies.org/>
- <http://www.bestbuddiesflorida.org>
- [http://www.bestbuddiesflorida.org/site/c.kwL3KmN2LvH/b.1287625/k.903B/High\\_Schools.htm](http://www.bestbuddiesflorida.org/site/c.kwL3KmN2LvH/b.1287625/k.903B/High_Schools.htm)
- **About it:** Best Buddies is a nonprofit 501(c)(3) organization dedicated to establishing a global volunteer movement that creates opportunities for one-to-one friendships, integrated employment and leadership development for people with intellectual and developmental disabilities.

### **Dinner for the Blind**

- **About it:** By holding a dinner for the blind, a club has the opportunity to see firsthand the effects of not being able to see while providing entertainment for those who may sometimes be overlooked in the service community.

### **Easter Seals**

- <http://www.easterseals.com/site/PageServer>
- **About it:** Easter Seals provides exceptional services, education, outreach, and advocacy so that people living with autism and other disabilities can live, learn, work and play in our communities.

### **Horses and Handicapped**

- <http://www.handhmagic.org/>
- **About it:** Horses and the Handicapped is a non-profit organization dedicated to providing effective therapeutic horseback riding and other equine-assisted activities for children and adults with physical, cognitive, and emotional difficulties.

### **March of Dimes**

- <http://www.marchofdimes.com/>
- **About it:** March of Dimes strives to improve the health of babies by preventing birth defects, premature birth, and infant mortality.

### **Muscular Dystrophy Association**

- <http://www.mda.org/>
- **About it:** This is an organization founded to provide research, care, and treatment to the lives of those affected by muscular dystrophy.

### **Operation Smile**

- [www.operationismile.org](http://www.operationismile.org)
- **About it:** Operation Smile is a worldwide children's medical charity whose network of global volunteers are dedicated to helping improve the health and lives of children and young adults. Since its founding, Operation Smile volunteers have treated more than 130,000 children born with cleft lips, cleft palates, and other facial deformities and the organization has a presence in 51 countries.

### **Special Olympics**

- <http://www.specialolympics.org/>
- **About it:** Dignity, acceptance, and a chance to reach one's potential – these are human rights worth promoting for everyone. Since 1968, Special Olympics has been bringing one message to the world: people with intellectual disabilities can and will succeed if given the opportunity.



### **Alzheimer's Memory Walk**

- <http://www.alz.org/walk/>
- **About it:** Since 1989, we've mobilized millions of Americans in the Alzheimer's Association Memory Walk®; now, we ask you to register for Walk to End Alzheimer's, the nation's largest event to raise awareness and funds for Alzheimer's care, support and research. Together, we can end Alzheimer's disease the nation's sixth-leading cause of death.

### **DetermiNation**

- [http://www.cancer.org/docroot/PAR/PAR\\_10\\_DetermiNation.asp](http://www.cancer.org/docroot/PAR/PAR_10_DetermiNation.asp)
- **About it:** This powerful and inspiring movement saves lives by enabling athletes to dedicate their training and participation in marathons, triathlons, cycling races, and other endurance events to a lifesaving effort to fight a disease that has already taken too many lives. Become members as a club and your club can receive a number of benefits including free team training to help you achieve your race goals.

### **ELIMINATE**

- <http://sites.kiwanis.org/Kiwanis/en/theELIMINATEproject/home.aspx>
- **About it:** With The Eliminate Project, Kiwanis International and UNICEF have joined forces to eliminate maternal and neonatal tetanus. This deadly disease steals the lives of nearly 60,000 innocent babies and a significant number of women each year.

### **The Leukemia & Lymphoma Society**

- [http://www.leukemia-lymphoma.org/hm\\_lls](http://www.leukemia-lymphoma.org/hm_lls)
- **About it:** Mission; Cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families. Organize a walk in your school or community; this is a great way to raise money. Also visit the website to see if the LLS is holding a walk or an event near you.

### **March of Dimes**

- <http://www.marchofdimes.com/>
- **About it:** March of Dimes strives to improve the health of babies by preventing birth defects, premature birth, and infant mortality. Your club can participate in a local walk or hold a March of Dimes drive at your school for which you can sell baby bracelets and/or students can donate coins to March of Dimes.

### **Operation Smile**

- [www.operationismile.org](http://www.operationismile.org)
- **About it:** Operation Smile is a worldwide children's medical charity whose network of global volunteers are dedicated to helping improve the health and lives of children and young adults born with cleft lips, cleft palates, and other facial deformities. Your club can participate by holding an Operation Smile walk-a-thon at your school.

### **Relay for life**

- [www.relayforlife.org](http://www.relayforlife.org)
- **About it:** It offers everyone in a community an opportunity to participate in the fight against cancer. Teams of people camp out at a local high school, park, or fairground and take turns walking or running around a track or path. Have your club start a team and participate in Relay for Life.

### **Susan G. Komen for the Cure**

- <http://ww5.komen.org/>
- **About it:** As the world's largest grassroots network of breast cancer survivors and activists, we're working together to save lives, empower people, ensure quality care for all and energize science to find the cures.

### **Women for Women**

- [www.womenforwomen.org](http://www.womenforwomen.org)
- **About it:** Women for Women International provides women survivors of war, civil strife and other conflicts with the tools and resources to move from crisis and poverty to stability and self-sufficiency. You can help by organizing a Run for Congo Women walk and raise money to donate it.



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